

- 2 – 18-minute halves with a 3 minute half time
 - Be sure to finish up on time to ensure games start on time for next set of teams
- Play will be 5v5 or 4v4. Consult with the other coach and try to find a number that works good.
- No goalies
- No touching of the ball with hands
- At the start of the game or after a goal, both teams will line up on the white line and the ball will be rolled down the center line to start play.
- No score will be kept
- Have fun